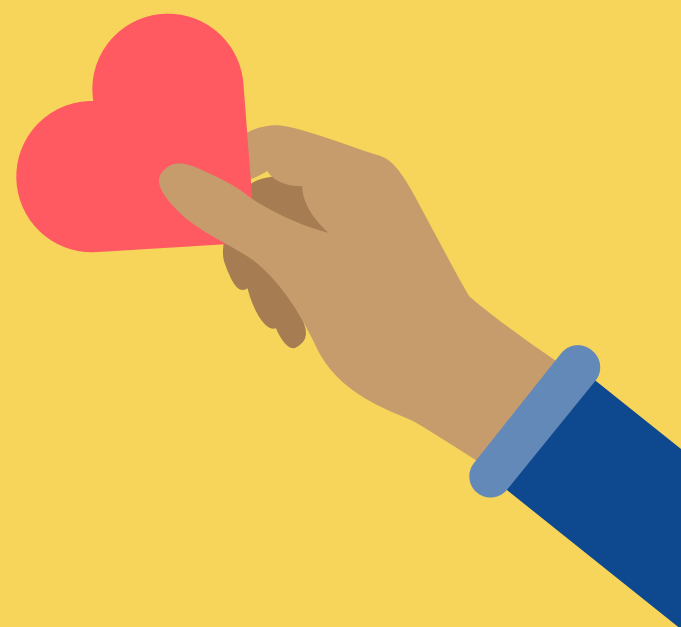


# WHAT IS A COMMUNITY LISTENER?

Listening to peoples stories can help us understand their experiences and discover a way forward for change.



## YOU MIGHT WANT TO ASK..

What does good dementia care look like for you and your family?

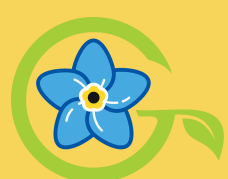
What has worked well? What could have been better?

What dementia care and support do you feel could help you and your family?

How would you like us to keep in touch?

## TELL US WHAT YOU'VE HEARD..

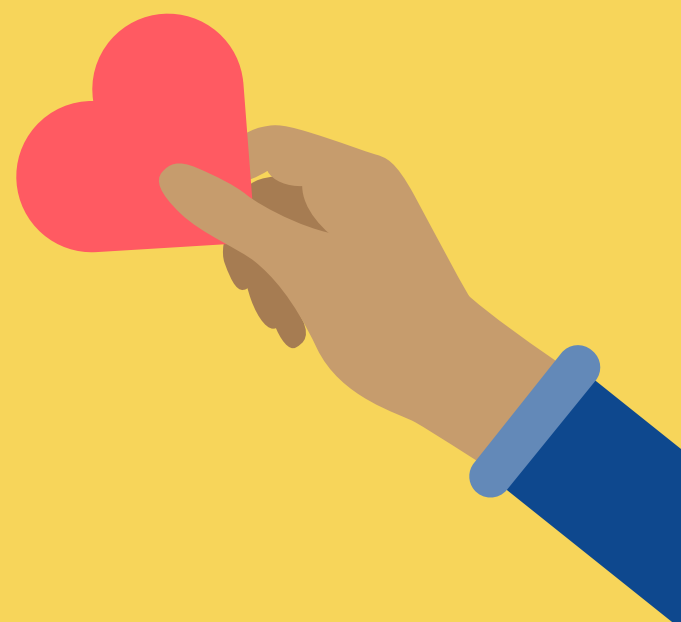
**ABB.PCCTDEMENTIA@WALES.NHS.UK**



Gwent sy'n Deall Dementia  
Dementia Friendly Gwent

# BETH YW GWRANDÄWR CYMUNEDOL?

Gall gwrando ar straeon pobl ein helpu i ddeall eu profiadau a darganfod ffordd ymlaen tuag at newid.



## EFALLAI YR HOFFECH OFYN..

Sut mae gofal dementia da yn edrych i chi a'ch teulu?

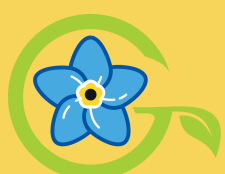
Beth weithiodd yn dda? Beth allai fod wedi bod yn well?

Pa ofal a chymorth dementia ydych chi'n teimlo y gallai eich helpu chi a'ch teulu?

Sut hoffech i ni gadw mewn cysylltiad?

# DYWEDWCH WRTHYM BETH RYDYCH WEDI'I GLYWED..

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