

# Gwent Citizen Network

Are you passionate about making a difference in your community? The Gwent Regional Partnership Board (RPB) Citizen Network is looking for enthusiastic individuals to join us in shaping the future of health and social care services in Gwent.

## Why join?

### **Voice Your Opinions:**

Share your experiences and ideas to help improve local services. You can do this in a variety of ways.

### **Collaborate:**

Work alongside other citizens, professionals, and organisations.

### **Make an Impact:**


Influence decisions that affect your community.

Together,  
we can create  
a better future  
for everyone in  
Gwent.

## Who can join?

Anyone living in the Gwent area who is interested in health and social care services and is 16 + years old.

## How to join

 Visit our website at  
[www.gwentrpb.wales](http://www.gwentrpb.wales)

 Email us at  
[CitizensPanel@torfaen.gov.uk](mailto:CitizensPanel@torfaen.gov.uk)

 Call us on  
01495 761691



# Rhwydwaith Dinasyddion Gwent

Ydych chi'n angerddol am wneud gwahaniaeth yn eich cymuned? Mae Rhwydwaith Dinasyddion Bwrdd Partneriaeth Rhanbarthol Gwent (RPB) yn chwilio am unigolion brwdfrydig i ymuno â ni i lunio dyfodol gwasanaethau iechyd a gofal cymdeithasol yng Ngwent.

## Pam ymuno?

### **Lleisio eich sylwadau:**

Rhannwch eich profiadau a'ch syniadau i helpu i wella gwasanaethau lleol. Gallwch wneud hyn mewn sawl ffordd.

### **Gydweithio:**

Gweithio ochr yn ochr â dinasyddion, gweithwyr proffesiynol a sefydliadau eraill.

### **Cael effaith:**

Dylanwadu ar benderfyniadau sy'n effeithio ar eich cymuned.


## Pwy sy'n gallu ymuno?

Unrhyw un sy'n byw yn ardal Gwent sydd â diddordeb mewn gwasanaethau iechyd a gofal cymdeithasol ac sy'n 16+ oed.

## Sut i ymuno

 Ewch i'n gwefan yn  
[www.gwentrpb.wales](http://www.gwentrpb.wales)

 E-bostiwch ni yn  
[CitizensPanel@torfaen.gov.uk](mailto:CitizensPanel@torfaen.gov.uk)

 Cysylltwch â ni ar  
01495 761691

Ynghyd  
gallwn greu  
dyfodol gwell i  
bawb yng  
Ngwent.

