

## **UNPAID CARERS, YOUNG CARERS AND YOUNG ADULT CARERS**

### **Regional Priority / Outcome as identified in the Population Needs Assessment:**

- Support unpaid carers to care through flexible respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding.
- Improve well-being of young carers and young adult carers, and mitigate against the long-term impacts.

### **HOW WILL WE MEASURE SUCCESS? Our Population level indicators.**

		
<b>Number of small grants administered</b>	<b>Number of organisations awarded CFE accreditation</b>	<b>Number of schools awarded YCIS award</b>

The regional **Carers Board** will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

1. There is still a need to increase awareness of the needs of carers and for frontline staff to be able to recognise when people take on caring responsibilities and signposted to information, especially young carers.
2. Peer to peer support and respite provision are continually highlighted as being a priority need for carers and there is a need to increase support through third sector and community partners to increase befriending opportunities and community groups.

### **Policy Drivers**

The Unpaid Carers Strategy for Wales (March 2021) set out the following revised national priorities for unpaid carers:

- identifying and valuing unpaid carers, providing information, advice and assistance, supporting life alongside caring and supporting unpaid carers in education and the workplace. [Strategy for unpaid carers \[HTML\] | GOV.WALES](#)
- A Carers' Delivery Plan published in November 2021. [Strategy for unpaid carers: delivery plan 2021 \[HTML\] | GOV.WALES](#)

<b>(WHAT we are doing)</b> Action	<b>(WHO)</b> Partner Agencies	<b>(HOW)</b> will we deliver	<b>(WHEN)</b> Timescales/ Milestones	<b>Progress Measures</b> <i>How much and how well have we delivered? What is the difference made?</i>
<b>Delivery of the Welsh Government national priorities for carers, as set out in Strategy for Unpaid Carers and national Delivery Plan</b>	Carers Board	<ul style="list-style-type: none"> <li>• Coordinate and review small grants scheme.</li> <li>• Deliver Carer Friendly Employee Accreditation scheme.</li> <li>• Promote Carers Hub and Spoke model.</li> <li>• Continue with GP champions work programme.</li> <li>• Continued rollout of Young Carers in Schools Award Scheme and Young Carers ID Card Scheme.</li> <li>• Communication campaign to raise awareness of carers amongst public and in schools to identify young carers.</li> <li>• Explore options to share more widely existing good practice and support other ways that identify and offer support to unpaid carers through the hospital discharge process.</li> </ul>	Quarterly meetings	<ul style="list-style-type: none"> <li>• Number of small grants administered.</li> <li>• Number of organisations awarded CFE accreditation.</li> <li>• Number of schools awarded YCIS award.</li> </ul>
<b>Integrated Wellbeing Network Development to support unpaid carers</b>	Carers Board ISPBs NCNs	<ul style="list-style-type: none"> <li>• Assess and identify good practice in Community connector roles.</li> <li>• Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns.</li> <li>• Support and build community resilience and grow social networks, tapping into sources of support in the community.</li> <li>• Review health and wellbeing hubs and identify effective hub coordination.</li> <li>• Explore volunteering solutions and promote and extend regional Frind I Mi volunteering scheme.</li> </ul>	Quarterly meeting	<ul style="list-style-type: none"> <li>• Increase number of unpaid carers better informed.</li> </ul>

<p><b>Work in partnership with third sector partners to provide effective support to Carers including</b></p> <ul style="list-style-type: none"> <li>• Flexible respite</li> <li>• Training and awareness</li> <li>• Support to Young Carers</li> <li>• Advocacy provision</li> </ul>	<p>Carers Board GAVO TVA</p>	<ul style="list-style-type: none"> <li>• Work with LA's and Third Sector Partners to deliver solutions to implement models of care and support hospital discharge.</li> <li>• Develop opportunities for peer-to-peer support.</li> <li>• Coordinate and administer respite grants and identify best practice.</li> <li>• Develop Young Carer network opportunities.</li> </ul>	<p>Quarterly meetings</p>	<ul style="list-style-type: none"> <li>• Number of peer-to-peer networks.</li> <li>• Number of respite hours.</li> </ul>
<p><b>Ensure that the implementation of the care closer to home strategy increases the community level support for unpaid Carers</b></p>	<p>Carers Board ABUHB/ ISPBs NCNS Housing</p>	<ul style="list-style-type: none"> <li>• Ensure carers are supported in discharge processes.</li> <li>• Signposting carers to relevant support services.</li> <li>• Providing training opportunities to staff in relation to unpaid carers.</li> </ul>	<p>Quarterly meeting</p>	<ul style="list-style-type: none"> <li>• Number of staff provided training/awareness.</li> </ul>
<p><b>Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend</b></p>	<p>Carers Board</p>	<ul style="list-style-type: none"> <li>• The Board will oversee and review progress of all RIF funded projects through a standing item update at each meeting.</li> <li>• A complete list of related projects will be shared with members to determine the schedule of meeting/presentations.</li> <li>• Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan.</li> <li>• Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.</li> <li>• The Chair will include an overview of RIF delivery as part of annual presentation to RPB.</li> </ul>	<p>Quarterly meeting</p>	<p>Individual performance measures set out in project proposals</p> <p>Support delivery of national Models of Care and monitor effectiveness of projects.</p>

<p><b>Review other local, regional and national plans to identify areas of collaboration and alignment of resources.</b></p>	<p>ISPB NCN LAs ABUHB PSB</p>	<p>Review and identify areas of collaboration</p> <ul style="list-style-type: none"> <li>• ABUHB IMTP</li> <li>• ISPB, NCN</li> <li>• Local Authority Corporate Improvement Plans</li> <li>• PSB regional Wellbeing Plan and delivery Marmot principles</li> <li>• Identify how work contributes and deliver National Outcome Framework</li> </ul>	<p>Quarterly</p>	<p>Maximise resources Single work programmes</p> <p>Identify opportunities for joint commissioning</p>
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