

Quick Start Guide ABUHB



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- RITA Help / Support and User Guides
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- RITA in Gwent

The Basics

Accessing the RITA



Navigating **RITA**

Along the top of RITA you will find the categories Tap on a category button to display the apps for that category. Swipe left or right to scroll through and select an app with a single tap on their preview tile.



The app will then open.



Some apps e.g. RITA Videos will show more options for you to scroll through – select the option you want by swiping left or right then tap once on the preview tile.



"RITA is a fantastic tool to provide meaningful activities and promote interaction of our Residents and it gives them so much choice so that their interests can be fully explored."

Belmont House

Volume Control

The system volume control can vary depending on the model of system you have below you will find information for each.

ViewSonic Large RITA Screen

There are two methods to adjust the volume on a ViewSonic device. To adjust the physical speaker volume follow the steps below:

1. Press the OSD button at the bottom of the screen.

2. Use the arrow keys to highlight "Audio Adjust"

3. Press the Select button to enter the Audio adjust menu then use the arrow keys to highlight the volume slider.

4. Press the Select button while highlighting the audio slider then use the arrow buttons to increase or decrease the volume.

5. After you have adjusted the volume press the OSD button a few times to close the menu.

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To adjust the software volume follow the steps below:

1. Make sure some media is playing either music or video content.

2. Drag up from the bottom of the screen and a bar with icons on should popup.



3. Use the audio icons to adjust the software volume.



AUDIO

ADJUST





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Other Devices

All other large devices have volume control at the bottom of the screen



Tablets

All Tablets have physical volume buttons located on the side or top.



RITA Content

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	Aldiko eBook Reader	An eBook Reader	×	√	×	×	×

AppTitle	Description	RITA App	Own Account Required	Large & ITU	Tablet Std	Tablet Lite
Creative Activities						
Camera	Use the default camerato take images and video	~		 ✓ 	×	 ✓
Painter	Simple painting activity with three levels.	~		✓	×	 ✓
	Build your Garden include plants, orniments, trees etc and come	,	8			
My Garden	back to look after it.	~		×	× 1	× 1
-	Build your Aquarium include some fish and come back to look after			1	1	1
My Aquarium	them	v		×	l ř	× 1
	Create a card for that special person and send to their email	1		1	1	1
Greeting Card Maker	address.	•		L V	1 ×	· ·
Zoom		×	√	✓	×	×
Microsoft Teams & Google Duo		×	✓	*	×	~
Personal & Health						
Fersonal & freatth						
Hear Me	A useful utility for those who cannot speak.	•		×	· ·	×
	A simple application to allow those who cannot speak or want to	~		×	×	 ✓
Show Me Where It Hurts	speak a way to show where they hurt.					
My Lifestory Book	Create your lifestory journal	•		×	×	×
My Collage Passport	Create and print your one page information document	v		¥	×	¥
My Activity Plan	Create and print your weekly activity plan.	•		•	•	•
My One Page Profile	Create and print your one page profile document	~		×	×	×
	My Photo Board add up to 12 images, place them and size them as	~		×	×	 ✓
My Photo Board	you wish and record a sound clip.					
My Expressions	Use pictures and images to express how you feel.	*		*	×	×
My Journey	A detailed journal of your of your time in school.	•		*	×	×
My Daily Journal	A dated journal with time locked entries	•		*	•	•
My Documents	Your list of editable PDF Documents	v ./		×	×	×
My Weekly Itinerary	Create and print your weekly Itinerary plan.	•		•	· ·	· ·
	My Photo Board add up to 12 images, place them and size them as	~		1	×	×
My Support Staff	you wish and record a sound clip.	4				
My Person Centred Plan	Edit, Print or Email your PCP Person Centred Plan	•		*	· ·	×
My Healthy Eating Plan	My Healthy Eating Plan	•		*	×	×
My Healthy Exercise Plan	My Healthy Exercise Plan	•				-
HOW TO DO	How to do every day things	•		•	· ·	· ·
Mu Out And About Disp	A plan to show you all the best places and activities that can help	~		×	×	 ✓
My Out And About Plan	The learning options and apportunities for me	1		1	-	1
My Learning Options	The learning options and opportunities for me	• •				-
INTY WORK OPLIOIS	The work options and opportunities for the				-	-
Carers Menu						
CAM ICU	Delirium assessment tool for ICU	√		✓	×	1
4AT	Delirium assessment tool - generic	√		✓	×	1
DREAMS Delirium rescue package	Imperial College Healthcare's delirium checklist	✓		×	×	1



RITA Support

Book Training

RITA Training can be booked at any time:

Book RITA Training



Help, Information and User Guides

To access help, further information and user guides visit:

<u>My Improvement Network Website - Help Page</u> or press the following button within RITA itself

Help, Information & User Guides

Support Information

If your RITA is not working or you need technical support contact My Improvement Network in the following ways:

My Improvement Network Website - Support Page

Email: help@rita.systems Phone: 0161 941 6610

RITA in Gwent

More information on RITA across the Greater Gwent area can be found on the Gwent Regional Partnership Board website:

RITA Webpage on the Gwent RPB











