



NYTH | NEST



Llywodraeth Cymru
Welsh Government

NYTH/NEST framework and Children's Rights Training

Do you work with babies, children or young people in social care, health or voluntary sector?

Then you need to know about the NYTH/NEST framework for improving mental health and wellbeing support.

This one-hour, online training will:

Increase knowledge of how to implement the NYTH/NEST framework and a children's rights-based approach to your work. This is a self-led resource that can be completed at any time.

Who should take this training?

Anyone involved in the mental health or wellbeing of babies, children, or young people.

"I really enjoyed the training."

"Very interesting examples of how NEST had been used to support co-production and service development."

"I found the voices of the young people being part of the training helpful, and all the information of the work being done by them and with them."

Free, Short, Online Training Available.

To complete the training, register or sign in to [Y Ty Dysgu](#)



GIG
CYMRU
NHS
WALES

Addysg a Gwellu Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)



Comisiynydd Plant Cymru
Children's Commissioner for Wales

